



Use this set of challenge cards as a brain break, end of class activity, small group activity, or just for fun!

Instructions: Pick an action on a card and have students complete the action. Modify time or quantity as needed for your students.

See & Name

- Find 3 things that are red
- Find 3 objects that are round
- Find 5 objects that can be used to write with
- Find 3 things that are bigger than you

See & Name

- Find 4 objects that are smaller than your foot
- Find 3 things that start with "T"
- Find something that has at least 3 different colors
- Find 2 things that can be used to measure something else
- Find 3 things that are vellow

See & Name

- Spot 4 objects that can be used for Math
- Find 3 classmates that have the same eye color as you
- Find 3 items that are shiny
- Find 3 things you can read
- Spot 5 objects that are blue

Movement

- Stand on one foot for 1 minute
- Jump 15 times next to your desk
- Do arm circles for 1 minute
- Walk around the classroom and give 5 people a high-five
- Stand as still as possible for 1 minute

Put Your Thinking Cap on

- Solve 12 + 4
- Think of three words that rhyme with shoe
- Count as high as you can in 1 minute
- Name an animal for every letter of the alphabet
- Summarize *Cinderella* in 1 sentence

I Can Hear You!

- Sing the ABCs in a silly voice
- Make as many animal sounds as you can in 30 seconds
- Find 2 objects and see what sound they make when put together
- Make up a new sound for 3 different animals

Art Challenges

- Color a picture with mixed up colors (purple tree, blue sun, etc
- Have a partner create a line (any kind) on your paper. Draw something using that line
- Draw a self portrait

Art Challenges

- Draw 5 things you can eat
- Draw 5 things that are red
- Draw a picture of your favorite thing to do in the summer
- Make a card and mail it to someone

Art Challenges

- Trace your hand and make something from the outline
- Use paper, glue, and scissors to create something fun
- Draw 5 things that are yellow
- Color something using only dots

Time to Write!

- In 30 seconds, write as many kinds of cereal as you can think of
- Write down as many foods that are red as you can think of
- Write an acrostic poem with your name
- Write a shortened version of Rapunzel

Can You Guess It?

- Close your eyes. Can you guess what the object is by feeling it?
- Have a partner use their finger to write something on your backwhat did they write?
- Can you guess what the time is without looking at the clock?

Can You Guess It?

- Have a partner use something to make a sound- can you guess what object made it?
- Name that tune when a friend hums a song
- Guess how many fingers your teacher is holding up behind their back

I Can Hear You!

- Play a song by drumming the rhythm on your desk
- Drum out a beat using your hands on your tummy
- Play the quiet gamedon't make any noise!
- Sing your name in a funny voice

Team Work!

- As a team, stack blocks as high as you can
- Make up a story one word at a time
- Draw a scene, one object at a time
- Rewrite the words to a nursery rhyme
- Play hot potato as a group

Put Your Thinking Cap on

- Say the ABCs backwards?
- Count backwards from 100
- How many ways can you group people-- shirt color, birth month, etc.
- Name the months of the year forward then backward.